FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| 1 /n n ln : .n n 4 n .n | D 0 | 205.40 | |
|-------------------------|------|--------|--|
| Washington, | D.C. | 20549 | |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours por rosponso: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | | , | , | | | | | | | | | | | |
|--|-----------------|--|--|----------------|--|---|-----------------|-----------------------------|------------------|--|---------------------|---|---|--|---|--|---|--|---------------------------------------|
| 1. Name and Address of Reporting Person* Caulfield John Patrick | | | | | 2. Issuer Name and Ticker or Trading Symbol FREQUENCY ELECTRONICS INC FEIM | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner V Officer (give title Other (specify | | | | | |
| (Last) | | | | | | | | | | | | X Officer (give little Other (specify below) VP of Manufacturing | | | | | | | |
| C/O FREQUENCY ELECTRONICS | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/22/2021 | | | | | | | | | · | r oi ivia | IIuIaC | luing | |
| 55 CHAR | LES LINDE | BERGH BLVD. | | | | | | | | | | | | | | | | | |
| (Street) MITCHEI FIELD | L NY | 1 | 1533 | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (Sta | te) (Z | Zip) | | | | | | | | | | | | | | | | |
| | | Tabl | e I - No | n-Deriv | ative | Se | curiti | es Ac | quired | , Di | sposed o | of, or B | enefici | ally | Owned | | | | |
| 1. Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | | r) E | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Code | Transaction Code (Instr. | | 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 | | | 5. Amoun Securities Beneficia Owned Fo | lly ollowing | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | | | Code | v | Amount | (A) (D) | Price | ; | Reported Transacti (Instr. 3 a | on(s) | | | (Instr. 4) | |
| Common S | Stock | | | 03/22 | 2/2021 | | | | М | | 5,00 | 0 A | A \$9 | | 5,000 | | | D | |
| Common Stock | | | 03/22 | 3/22/2021 | | | | F | | 3,89 | 3,896 Г | | 2.45 | 1,104 | | | D | | |
| Common Stock | | | 03/22 | 03/22/2021 | | | | M | L | 4,00 | 0 A | \$7 | .25 | 4,000 | | D | | | |
| Common S | Common Stock | | | 03/22 | /2021 | | | F | L | 2,33 | 0 D | \$12 | 2.45 | 1,670 | | | D | | |
| Common S | ommon Stock 03/ | | | 03/22 | /2021 | | M | _ | 3,000 | 0 A | \$8 | .82 | 3,000 | | | D | | | |
| Common Stock 03/22 | | | | /2021 | | | F | | 2,120 | 2,126 D \$ | | 2.45 874 | | 74 | D | | | | |
| | | T | | | | | | | | | osed of converti | | | | wned | | | | |
| 1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security | | 3. Transaction Date (Month/Day/Year) | 3A. Deem Executior if any (Month/Da | ned n Date, | 4. Transactic Code (Inst 8) | | 5. Number on of | | 6. Date I | 6. Date Exercise Expiration Date (Month/Day/Yea | | 7. Title a of Secur Underly Derivati | 7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4) | re es ally g d tion(s) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exercisa | able | Expiration Date | Title | Amount or Number of Shares | er | | | | | |
| Stock Appreciation Rights ⁽¹⁾ | \$9.7 | 03/22/2021 | | | М | | | 5,000 | 04/12/2 | 011 | 04/12/2021 | Common Stock | 5,000 |)(1) | \$0 | 19,00 | 0 | D | |
| Stock Appreciation Rights ⁽¹⁾ | \$7.25 | 03/22/2021 | | | М | | | 4,000 | 12/19/2 | 011 | 12/19/2021 | Common Stock | 4,000 |)(1) | \$0 | 15,00 | 0 | D | |
| Stock Appreciation Rights ⁽¹⁾ | \$8.82 | 03/22/2021 | | | М | | | 3,000 | 10/03/2 | 012 | 10/03/2022 | Common | 3,000 |)(1) | \$0 | 12,00 | 0 | D | |

Explanation of Responses:

1. The Reporting Person performed a cashless exercise of a Stock Option based on 12,000 shares of Frequency Electronics common stock, receiving 3,648 which is equivalent to the appreciated value of the common stock since the grant date.

/s/ Steven Bernstein by power

of attorney

** Signature of Reporting Person

03/24/2021

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.