

OMB APPROVAL	
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

<b>1. Name and Address of Reporting Person*</b> <u>GIRSKY JOEL H</u> _____ (Last) (First) (Middle) <u>FREQUENCY ELECTRONICS, INC.</u> <u>55 CHARLES LINDBERGH BLVD</u> _____ (Street) <u>MITCHEL</u> <u>NY</u> <u>11553</u> <u>FIELD</u> _____ (City) (State) (Zip)	<b>2. Issuer Name and Ticker or Trading Symbol</b> <u>FREQUENCY ELECTRONICS INC [ FEIM</u> ]	<b>5. Relationship of Reporting Person(s) to Issuer</b> (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below)
	<b>3. Date of Earliest Transaction (Month/Day/Year)</b> <u>07/08/2020</u>	
<b>4. If Amendment, Date of Original Filed (Month/Day/Year)</b>		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	07/08/2020		M		10,000	A	\$9.7	10,000	D	
Common Stock	07/08/2020		M		10,000	A	\$7.25	20,000	D	
Common Stock	07/08/2020		M		10,000	A	\$8.82	30,000	D	
Common Stock	07/08/2020		M		10,000	A	\$10.38	40,000	D	
Common Stock	07/08/2020		M		10,000	A	\$10.58	50,000	D	
Common Stock	07/08/2020		F		43,880	D	\$10.65	6,120	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Appreciation Rights <sup>(1)</sup>	\$9.7	07/08/2020		M			10,000	04/12/2012	04/12/2021	Common Stock	10,000 <sup>(1)</sup>	\$0	50,000	D	
Stock Appreciation Rights <sup>(1)</sup>	\$7.25	07/08/2020		M			10,000	12/19/2012	12/19/2021	Common Stock	10,000 <sup>(1)</sup>	\$0	40,000	D	
Stock Appreciation Rights <sup>(1)</sup>	\$8.82	07/08/2020		M			10,000	10/03/2013	10/03/2022	Common Stock	10,000 <sup>(1)</sup>	\$0	30,000	D	
Stock Appreciation Rights <sup>(1)</sup>	\$10.38	07/08/2020		M			10,000	08/09/2014	08/09/2023	Common Stock	10,000 <sup>(1)</sup>	\$0	20,000	D	
Stock Appreciation Rights <sup>(1)</sup>	\$10.58	07/08/2020		M			10,000	08/19/2017	08/19/2021	Common Stock	10,000 <sup>(1)</sup>	\$0	10,000	D	

**Explanation of Responses:**

1. The Reporting Person performed a cashless exercise of a Stock Option based on 50,000 shares of Frequency Electronics common stock, receiving 6,120 which is equivalent to the appreciated value of the common stock since the grant date.

/s/ Steven Bernstein by Power of Attorney 07/10/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.