FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SHAPIRO E DONALD					2. Issuer Name and Ticker or Trading Symbol FREQUENCY ELECTRONICS INC [FEIM]						M (Che	Relationship of Reporting Pers (Check all applicable) X Director			10% Ow	ner	
(Last)	(Firs	t) (N	Middle)										below)	give title		Other (s below)	pecity
FREQUENCY ELECTRONICS, INC. 55 CHALRES LINDBERGH BLVD.					3. Date of Earliest Transaction (Month/Day/Year) 01/30/2009												
(Street) MITCHEL FIELD	· NY	1	1553	4. If	Amen	dment, I	Date (of Original Fi	led	(Month/Day	r/Year)	Line	Y Form fil	ed by One	Repo	(Check App rting Person One Report	
(City)	(Sta	te) (Z	Cip)														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date		Code (Instr.				5. Amoun Securities Beneficia Owned Fo Reported	s Form ally (D) o ollowing (I) (In		Direct I Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	V	Amount	t (A) or (D)			ransaction(s) nstr. 3 and 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr.		tive ties ed sed 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares					
Stock Appreciation Rights ⁽³⁾	\$3.15 ⁽²⁾	01/30/2009		A		6,000		01/30/2010 ⁽	1)	01/29/2019	Common Stock	6,000(3)	\$0	6,000		D	

Explanation of Responses:

- 1. Stock Appreciation Rights are exercisable on a cumulative basis as to one-quarter of the total number of shares covered by the grant on each of the first, second, third and fourth anniversary dates of the date of Stock Appreciation Rights grant.
- 2. Stock Appreciation Rights are granted at the market value of the Company's Common Stock on the date of grant.
- 3. Upon exercise of a Stock Appreciation Right, the grantee will be awarded shares of Common Stock, the value of which is equal to the increase in value of the Common Stock between the grant date and the date of exercise. (Stock-settled SAR)

/s/ Alan Miller by power of

attorney

** Signature of Reporting Person

Date

02/02/2009

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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