FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT	OF CHAN	GES IN BEN	NEFICIAL O	WNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Address of R	eporting Person*								or Trading ECTR(mbol IICS IN	<u>IC</u> [FEIM			ble)	Perso	10% Ov	vner
(Last)	(Firs	st) (I	Middle)			_									Officer (g	give title		Other (s below)	pecify	
	•	LECTRONICS, BERGH BLVD	INC.	3. Date of Earliest Transaction (Month/Day/Year) 10/25/2021																
(Street) MITCHEI FIELD	- NY	. 1	1553		4. If							6. Ind Line)				ting Person				
(City)	(Sta	ite) (2	Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month/I			action 2A. Deemed Execution Date, if any (Month/Day/Year)		, [Code (Instr.				and 5) Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership						
								[Code		Amount (A) (D)		A) or O)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 10/25					5/2021			M		10,000		A	\$7.25	73,6	73,613		D			
Common Stock 10/25				5/2021				F		7,179	7,179 D S		\$10.1	66,434			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year)		Date,		ransaction of ode (Instr. Derivative		vative urities uired or oosed O) (Instr.	6. Date Exercisable and Expiration Date (Month/Day/Year)				7. Title and Amo of Securities Underlying Derit Security (Instr. 3		Perivative tr. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
						v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	N	mount or umber of hares					
Stock Appreciation Rights ⁽¹⁾	\$7.25	10/26/2021			М		M 10,000 12/19/2012 12/19		2/19/2021	Comn		0,000(1)	\$0 30,00) ⁽²⁾	D				

Explanation of Responses:

- 1. The reporting person exercised a Stock Appreciation Right based on 10,000 shares of Frequency Electronics common stock, receiving 2,821 shares which is equivalent to the appreciated value of the common stock since the grant date.
- 2. Total also reflects the expiration of 10,000 Stock Appreciation Rights previously granted to the reporting person that have expired without being exercised.

/s/Steven Bernstein by power of attorney

10/27/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.