FORM 4

obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL							
OMB Number: 3235-028							
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					. 0	r Secti	on 30(h)	of the	Ínvestmen	t Cor	mpany Act	of 1940								
1. Name and Address of Reporting Person*  SHAPIRO E DONALD					2. Issuer Name and Ticker or Trading Symbol FREQUENCY ELECTRONICS INC [ FEIM ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
				1										Director			10% Ow	ner		
(Last)	(Firs	st) (	Middle)		3. Date of Earliest Transaction (Month/Day/Year)								$\dashv$		Officer (give title below)			Other (spelow)	pecify	
FREQUENCY ELECTRONICS, INC.						10/27/2009														
55 CHALRES LINDBERGH BLVD.																				
55 CHALKES LINDBERGH BLVD.					4. If Amendment, Date of Original Filed (Menth/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
(Street)					7	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)						
MITCHEL		_												X	Form file	ed by One	Repor	ting Person		
FIELD	NY	1	11553												Form file Person	ed by Mor	e than (	One Reporti	ng	
(City)	(Sta	ate) (	Zip)																	
		Tal	ole I - Non	n-Deriv	vativ	re Se	curitie	s Ad	quired,	Dis	posed o	f, or Be	neficial	lly C	wned					
1. Title of Security (Instr. 3)  2. Trans- Date (Month/I			sactio					ed (A) or		5. Amount				. Nature of						
			/Day/Year)		Execution Dat if any (Month/Day/Ye		Code (Ins		Disposed	d Of (D) (Instr. 3, 4		d 5)	Securities Beneficially Owned Following			Indirect E str. 4) C	ndirect Beneficial Ownership			
								Code	v	Amount	ount (A) or (D)			Reported Transactio (Instr. 3 an				Instr. 4)		
			Coo	urition	Λ.ο.ο	uirad D	ion	oood of	or Bon	oficially	. 0	· ·			I_					
			Table II - I )						s, option					, Ov	vneu					
Derivative Conversion Date Execution Security Or Exercise (Month/Day/Year) if any			3A. Deemed Execution Da if any (Month/Day/	ate, 1	Code (Instr.				6. Date Exe Expiration (Month/Day		7. Title and Amo of Securities Underlying Deri Security (Instr. 3 4)		Deriv		9. Numb derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	e ss ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amount Number Shares							
Stock Appreciation Rights <sup>(3)</sup>	\$4.6 <sup>(2)</sup>	10/27/2009			A		10,000		10/27/2010	(1)	10/26/2019	Common Stock	10,000	)(3)	\$0	16,00	00	D		

## **Explanation of Responses:**

- 1. Stock Appreciation Rights are exercisable on a cumulative basis as to one-quarter of the total number of shares covered by the grant on each of the first, second, third and fourth anniversary dates of the date of Stock Appreciation Rights grant.
- 2. Stock Appreciation Rights are granted at the market value of the Company's Common Stock on the date of grant.
- 3. Upon exercise of a Stock Appreciation Right, the grantee will be awarded shares of Common Stock, the value of which is equal to the increase in value of the Common Stock between the grant date and the date of exercise. (Stock-settled SAR).

/s/ Alan Miller by power of <u>attorney</u>

10/29/2009

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.