FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* STONE CHARLES S (Last) (First) (Middle) FREQUENCY ELECTRONICS INC 55 CHARLES LINDBERGH BLVD] 3. D	2. Issuer Name and Ticker or Trading Symbol FREQUENCY ELECTRONICS INC FEIM 3. Date of Earliest Transaction (Month/Day/Year) 07/31/2006							√I (Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Vice President				
(Street) MITCHEL FIELD (City)	NY (Sta		1553 Zip)		4. If	Amer	ndment, D	ate of	Original F	Filed	(Month/Day/	Year)	Line	Form fil	ed by One led by More	Repor	(Check Appl rting Person One Report	
		Tab	le I - Non-	-Deriv	ative	Se	curities	Acc	quired,	Dis	posed of	, or Ben	eficially	Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Disposed Of				5. Amoun Securities Beneficia Owned Fo	s Forn ally (D) o ollowing (I) (Ir		Direct II Indirect E tr. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a			"	115(1.4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Conversion Date Execuserity Or Exercise (Month/Day/Year) if any		3A. Deemed Execution Da if any (Month/Day/	Date, Trans Code		saction e (Instr. Securities Acquired (A) or Disposed of (D) (Inst 3, 4 and 5)		ve es d	6. Date Exercisal Expiration Date (Month/Day/Year		of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal:	ole	Expiration Date	Title	Amount or Number of Shares					
Stock Appreciation Rights ⁽³⁾	\$11.95 ⁽²⁾	07/31/2006			A		10,000		07/31/200)7 ⁽¹⁾	07/30/2016	Common Stock	10,000	\$11.95 ⁽²⁾	10,000)	D	

Explanation of Responses:

- 1. Stock Appreciation Rights are exercisable on a cumulative basis as to one-quarter of the total number of shares covered by the grant on each of the first, second, third and fourth anniversary dates of the date of the Stock Appreciation Right grant.
- 2. Stock Appreciation Rights are granted at the market value of the Company's Common Stock on the date of grant.
- 3. Upon exercise of a Stock Appreciation Right, the grantee will be awarded shares of Common Stock, the value of which is equal to the increase in value of the Common Stock between the grant date and the date of exercise. (Stock Settled SARS)

Alan Miller by power of attorney

08/02/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.